



The All Saints Community, Arts and Youth Centre December Programme

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below. The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The All Saints Centre only sells tickets for Film at All Saints. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
01273 486391
asclewes@lewes-tc.gov.uk
www.lewes-tc.gov.uk

Monday

Zumba Fitness Join the party for a Latin inspired, easy to follow, calorie burning, dance fitness class. 9.30am to 10.30am Main Hall. Classes are pay as you go, no need to book, £6 a class. Join us and get fit, get happy! sarahdexter@zumba.com

Pilates with Hannah Ellicock
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

The Voiceworks Company of Singers If you love singing, you'll love this! A relaxed choir for ALL abilities. Singing workshops for adults with singing coach Haley Stevens. 11am to 12.30pm. Small Hall. £48 for 6 weeks, first workshop is FREE! Contact Haley to book 07984 014509 or visit www.voiceworkshops.co.uk

diddidance Funky preschool dance classes for girls and boys. Ideally suited for 2 to 4 years old but we can take them from as young as 16 months. Exploring a new dance style every half term. 11am (classes are 45 minutes long) Main Hall. Free trial then £6 per class. www.diddidance.com During term time only.

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

Turning Pointe School of Dance Ballet & Tap for ages 3 to adult. 4.15pm to 8 pm Main Hall. Contact Julia Canneaux for details times and prices on 01825 840568 or juliacanneaux@hotmail.co.uk

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. 3.45pm to 5pm (juniors) 5pm to 6.15pm (intermediate) 6.15pm to 7.30pm (seniors) Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Lewes writing workshop Ever wanted to write about your first love, a memorable journey, or create a better plot for your favourite soap? Led by professional writer Roddy Phillips, the workshops are ideal for writers of all abilities. 10 sessions £120. 7.45pm to 9.45pm Small Hall. For info call Roddy on 07758 367479 roddy.phillips@btinternet.com www.bournetowrite.co.uk

Lewes Circus Society An open drop-in session for all skill levels to come and practice/learn an array of circus skills. 8.45pm-10.15pm Main Hall. £3 entry. For more info contact robinfwaters@gmail.com Or search Lewes Circus Society on Facebook

Tuesday

Pilates with Hannah Ellicock
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Creative Movement classes
Expressive body, mind & movement class. Come and experience the joy of movement and peace in stillness 10am to 11am Main Hall. £40/5wks. For details contact Lauren on 07791 339045 or email laurenreddance@gmail.com

Adult Ballet Classes No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £6 per class, term only. 10.45am Small Hall. For more info contact Claire Lyons AISTD on 07773 194040 or email claire.lyons@sky.com

'Waking the Serpent' Dying to Live
Movement Meditation. An invitation to dive into the stillness of your being, open and surrender to life & meet yourself fully through the earthly vessel of the body. Alternate Tuesdays from 7th Nov 12.15pm to 2.15pm Main Hall £15 drop-in or £44 block of 4. Please call or email first to check there is space abhijeeta75@gmail.com 07940 470072 www.sacredhearth.net

Meeting in the Heart A spontaneous flow of meditation, self-enquiry, questions, insight and sharing. Alternate Tuesdays from 14th Nov (excl. 28th Nov) 12.15pm to 2.15pm Small Hall £15 drop-in or £44 block of 4. Please call or email first to check there is space abhijeeta75@gmail.com 07940 470072 www.sacredhearth.net

Wednesday

Pilates with Hannah Ellicock
Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Toy Library Loads of toys to choose from for play & for hire! Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in. For more info contact the All Saints Centre directly.

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 10.45am to 11.45am £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

Turning Pointe School of Dance Ballet & Tap for ages 3 to adult. 4pm to 8.45pm Both Halls. Contact Julia Canneaux for details times and prices on 01825 840568 or juliacanneaux@hotmail.co.uk www.turningpointedanceschool.co.uk

Thursday

Pilates with Hannah Ellicock Registered Osteopath. 9.30am to 10.30am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. Classes between 3.45pm to 6.15pm. Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Lewes Glynde Beddingham

Brass Young beginners and anyone returning to playing 7pm to 7.45pm. Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on secretary@lgbrass.co.uk

Friday

PlayGroup Informal drop-in for parents & tots for play and for conversation! Lots of toys, activities & refreshments. 10am to 11.30am Main Hall. £3 per family. For info bewilderedwilderbeast@live.co.uk

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 12.30pm to 1.30pm Main Hall. £5.50/£6 per session. Contact Toby 07793 241417 or email toby@bbfit.co.uk

Circus Pearls Aerial lessons on trapeze, rope & silks! All levels. Great for fitness & fun! Different classes from 3.30pm to 6.15pm. Small Hall For more information circuspearls@gmail.com

Saturday

Duende Dance School Classes for all ages & abilities. Flamenco for adults & children. 9.15am to 1.15pm Small Hall. For more info contact Helena 07963 959262 or email helenadot@aol.com

ONE OFF EVENTS

A Christmas Hoe Down A fundraiser for JDRF (juvenile diabetes research fund). Music by the Linda Game Trio. Caller Gill Emmerson. Bar, food, fun & games. Family event. Fancy dress optional. Friday 1st December 6pm to 11pm £10 per adult, £6 per child £26 for family ticket. Advance tickets from The Playcation experience or Bun and Bean, Popsicle, Hannah's Van. For more tickets www.christmashoedown.eventbrite.com

The Elusive Film Festival Two day festival featuring the best low budget titles of the film world. Saturday 2nd and Sunday 3rd December. 2pm to 5pm on both days. Doors at 1.30pm Tickets available to purchase on the door only. elusivefestival@gmail.com

Starfish Youth Music presents **Junior**

Starfish bands Around 20 bands playing at this end of term showcase. Bar and snacks available. Come along and support the bands and their project, everyone welcome! Saturday 9th December. 3pm to 7pm. £3 under 18s and £5 adults, performers get in free.

Followed by **It's Your Thing** A Festive Funk Soul Party. All proceeds to Starfish Youth Music. ITS YOUR THING is back! A festive funk/soul party guaranteed to bounce your baubles. From '60's Northern to '70's Funk & Disco to '80's Grooves, DJs will be shaking the dancefloor. Saturday 9th December. 8pm to midnight. £7 in advance from Union Music Store or £8 on the door (subject to availability).

Let's get Funked Christmas Special Dance Night Fancy Dress optional (Prizes!) This is the second of a regular dance night in Lewes - following up our successful launch event in November - featuring funk, soul and reggae music for grown up dance lovers who like to party early. The first event in November was nearly sold out so book early to avoid disappointment. Friday 15th December 7.30 - 11.00pm Half price drinks between 7.30pm and 8.30pm. Tickets £7 in advance £8 on the door Tickets available from www.wegotickets.com and www.facebook.com/letsgetfunkedlewes

LGB Brass & friends presents **The LGB Brass Christmas Carol** The band will hold their Christmas concert with a difference. Four familiar faces will tell Dickens classic Christmas tale 'A Christmas Carol'. The band will provide a variety of Christmas and non-Christmas pieces, designed to complement the narrative. Saturday 16th December. 4pm Tickets: £3 per person or £10 for four people. Admission includes a glass of mulled wine and mince pie. Tickets available from Jane Stewart on 01403750493 or on the door (subject to availability).

Film at All Saints

The Big Sick 15 117mins

Based on real-life events. Pakistan-born comedian Kumail Nanjiani and grad student Emily Gardner fall in love but struggle as their cultures clash. When Emily contracts a mysterious illness, Kumail finds himself forced to face her feisty parents, his family's expectations, and his true feelings. Tuesday 5th December 7pm

It's A Wonderful Life U 130mins

REMASTERED IN COLOUR OR IN BLACK & WHITE, YOU DECIDE! with Mulled Wine & Mince Pies available. This is director Frank Capra's classic bittersweet comedy/drama about George Bailey, the eternally-in-debt guiding force of a bank in the typical American small town of Bedford Falls. It Christmas Eve and George, who has long considered himself a failure and now faces financial ruin and arrest, is seriously contemplating suicide when an angel is sent from Heaven to show him what life would have been like if he had never existed.

Voting for the screening options will take place on the day just before the film starts. Wednesday 13th December 7pm

To keep up-to date with our future screenings please visit www.filmatallsaints.com

You can also follow us on Facebook & Twitter!

Tickets: Tiered £5.50 (£5.00 con)

Balcony £6.50 (£6.00 con)

Cash only on the door

Booking fee may apply when booking online.

Please call 01273 486391 or email admin@filmatallsaints.com



From Everyone at the All Saints Centre we would like to wish you a Merry Christmas and a Happy New Year.

