



The All Saints Community, Arts and Youth Centre August Programme

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
01273 486391
asclewes@lewes-tc.gov.uk
www.lewes-tc.gov.uk

Monday

Zumba Fitness Join the party for a Latin inspired, easy to follow, calorie burning, dance fitness class. 9.30am to 10.30am Main Hall. Classes are pay as you go, no need to book, £6 a class. Join us and get fit, get happy! sarahdexter@zumba.com

The Voiceworks Company of Singers

If you love singing, you'll love this!

A relaxed choir for ALL abilities. Singing workshops for adults with singing coach Haley Stevens. 11am to 12.30pm. Small Hall. £48 for 6 weeks, first workshop is FREE! Contact Haley to book 07984 014509 or visit www.voiceworkshops.co.uk

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

Bourne to Write Ever wanted to write about your first love, a memorable journey, or create a better plot for your favourite soap? Learn how to nurture your imagination while making new friends in a creative environment. 10 sessions £120. 7.45pm to 9.45pm Small Hall. For info call Roddy on 07758 367479 roddy.phillips@btinternet.com www.bournetowrite.co.uk

Wednesday

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 10.45am to 11.45am £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

Thursday

Lewes Glynde Beddingham

Brass Young beginners and anyone returning to playing 7pm to 7.45pm. Full band 8pm to 10pm. Experienced players welcome along. More details email Sarah Chalmers on seclgbrass@gmail.com

Friday

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 12.30pm to 1.30pm Main Hall. £5.50/£6 per session. For details contact Toby 07793 241417 or email toby@bbfit.co.uk

ONE OFF EVENTS

Unsung Hero's Cello Ensemble

Summer Course Cellist of all standard are welcome to join this magical week of playing and study. Delicious lunches included. Sunday 30th July to Friday 4th August. 9.30am to 3.30pm daily. For more information please visit www.cellocourses.com

David Bowie Tribute Bowiesque are making their first visit to Lewes. A 5 piece Brighton based live band who faithfully recreate the best of Bowie. Saturday 12th August 8pm Tickets £10 Adv £12 on the door. Tickets available from Union Music Store or www.bowiesque.com

Lewes Live Lit presents BLISS Rehearsed reading of a new play by Louise Monaghan. Performed by Irene Marot & Sam Cox. Life's pretty good for Celia and Derek who've been married for fifty years, they have a beautiful home, and two grown up children: Ella who's a geneticist and Frederick who's been called to the bar but there's something in their lives they don't like to talk about and that's Bliss. A chance to hear a new work for theatre at its early stages. Tuesday 29th August 7.45pm Tickets £6.50 adv £8 on the door. 07972037612 or www.leweslivelit.co.uk

Lewes Live Lit presents Julian Bell: Flat

Things Lives of the Artists #3 Lewes artist Julian Bell, in conversation with LLL's Artistic Director Mark Hewitt, discusses his journey and development as a painter/writer and his preoccupation with two dimensional art. The talk will be richly illustrated with images taken from different stages of his career.

"Bell paints what look like meticulous images of real life, from a magazine stand to an English village. In fact, his compositions are imaginary, but the sense of reality is not an illusion. He is a very traditional artist in that he observes nature and the world closely, and his fantastic scenes arise from what he discovers: his skies are real skies, behaving as skies behave." (The Guardian)
Wednesday 30th August 7.45pm Tickets £8 adv £10 on the door from 07972037612 or www.leweslivelit.co.uk

Most of our regular events and classes have a break in August and will be back in September.