

What's On - Regular Events, Workshops & Classes

All Saints Community, Arts & Youth Centre Friars Walk, Lewes



Drop In Cafe

Oyster Project Community Café

A friendly meeting place for everyone. Come along for a coffee or a meal, meet your friends here for a 'business' lunch, we will be pleased to see you. All profits towards our charity. Every Wednesday 11.30am- 2.30pm. Veggie option & snacks available. Info 01273 311417 www.oysterproject.org.uk Lewes' own disabled persons self help charity, founded and run by its members.



Parent & Toddler Activities *Term time only Parent/Carer stays.

Music & Movement Singing, percussion & dance for 0-5 yrs!

Wednesday 10am & 10.40am. Drop in £3/£2.50 for siblings. Further info from Pam 01273 476686.



PlayGroup Informal drop-in for Parents & Tots for play and for conversation! Lots of toys, activities & refreshments.

Friday 9.30-11.30am. £2/family. Info Claire 01273 477407.

Talking Tots Watch your child's language skills blossom. 12 mths to toddler.

Monday 11-11.45. Sandra 07827697523 www.talkingtots.info



Tinklers Baby Music Musical Fun for Parents & Babies.

Tuesday 2.10 & 2.50pm, £4/session. Sarah 01273 483489 tinklersmusic.co.uk



Toy Library Loads of toys to choose from for play & for hire!

Parents & Carers come for tea & a chat! Wednesday 10-12noon. Volunteers always welcome! Jan 01273 477631.

Circus, Theatre and Comedy for Young People

Firecracker Circus Workshops Have fun!

Get fit & strong! Make new friends! Juggling, aerobics, stagecraft, clowning, aerial & more! Age 7+. Thursday 4-6pm. Book with Kino 07913120193. Kids Aerial Classes Trapeze, Rope & Silks. Age 7+. Monday 4.45-5.45pm. Book with Persephone 07960 794408.



Intrepid Theatre Centre Award-winning Performing Arts for Kids!

Saturdays: First Stage (4-7 yrs) 9.45-11am. Centre Stage Juniors (7-11 yrs) 11-12.30pm.



Intrepid Young Peoples Theatre Contemporary theatre productions & accredited Arts Award for 11-14 yrs.

Mondays 4.30-6pm. For further details & booking call Allie on 01273 476226. www.intrepidinspires.co.uk

New! Katalystic Kids Comedy Course Improv workshops for children in years 6&7. Gain confidence, self esteem and resilience while having oodles of crazy fun.

From Sun March 13. 2pm - 4pm. £120 for 10 sessions. More info from Lynne 07958529737 lynnecharmer@katalystic.co.uk

Music for Young People

Starfish Music Project Brings together under 18s to create music.

See some of the most talented young band around - from acoustic to heavy rock. 5-6 concerts annually. Juniors Party 3-5pm, Seniors Concert 7-10.30pm. Tickets £3 under 18s or £5 Adults on the door. Bar. Seating.

All proceeds to Starfish. www.starfishlewes.co.uk



Tinklers Music Workshops Fun & Song! Tuesday 3.50pm

(Reception and Yr 1) & 4.30pm (Yrs 2, 3 & 4). £4/session. Details Sarah 01273 483489 tinklersmusic.co.uk



Art & Music Ring ahead for full details & availability.

Lewes Glynde & Beddingham Brass

New members welcome. Thursday: Young beginners 7-7.45pm, Ensemble practice 7-8pm, Full band 8-10pm. More details from Jane on 01403 750493 www.lgbbrass.co.uk



The Star Group - Untutored Life

Drawing New members invited to join. Friday 10am-1pm. Details from Meryl 01825 872806.



Comedy Workshop



Beginners Improv Comedy Course Discover your inner comic genius! Spaces still available. For beginners & improvers.

Tuesday 7-9pm, £130 / £110 conc. for 10 weeks, starts Jan Details 07818 290562. mayday@themaydays.co.uk

See Young Peoples Activities for New! Kats Kids Comedy Course.

Film



Contemporary Films, Fri, Sat & Sun bi-monthly. See website for full details & online booking of balcony seats.

Tickets from £5.50. New from Jan 2011 - 'On Stage' HD presentations. Tickets £7/£9 adults. Info 01903 523833.

www.lewescinema.co.uk



Junior Film Club Introducing 7-12 yrs to filmmaking & appreciation. 30 minute work shop followed by the film.

Sundays, bi-monthly during term time, 10am-1pm, £5 at the door. Details 01273 483550 or www.lewes-filmclub.com/juniors



World Cinema, Tues, Fri & Sundays bi-monthly. All films 7.30 for 8pm unless otherwise stated.

Foreign language films subtitled. Tickets £5 or membership (£45 for 30 films).

Further details 01273 471588 www.lewes-filmclub.org

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Dance, Fitness & Health Ring ahead for full details & availability.

Duende Dance School For all ages & abilities.

Flamenco for Adults & Children Sat 9.30-11am.

Balletix Strengthen the body, increase flexibility & improve cardiovascular fitness. For beginners. Sat 11:15am-12:15pm.

Fit 'n Fabulous Fifties Increase energy, lower blood pressure, lose weight & have fun. Sat 12:30-1:30pm.

Full details from Helena 07963 959262 or email helenadot@aol.com



Firecracker Adult Aerial Trapeze, Silks & Rope in a safe and playful environment. Yes to can fly! Fridays 6-7pm & 7-8pm. £40 for 5 weeks. Book with Hazel 07939116009 info@zu-ariel.com



FitClinic Cardiac Exercise Class. Run by a friendly, BACR accredited cardiac rehab specialist. Mondays 3-4pm & Friday 12.30-1.30pm. £5 ea. Toby 07793241417 toby@fitclinic.co.uk



Medau Movement Fun, dynamic, natural flowing, rhythmic dance fitness class. Mon 7.30pm-8.45pm. £36 for 6 weeks. £70 for 12 weeks. Call Grainne for info 07876 703721 grainnesinclair@yahoo.co.uk



Nia Technique Expressive body, mind & movement fitness class. Tuesday 10-11am. £35/5wks (£30 unwaged).



& Deepening Nia Integrating core aspects of Somatic Work & Nia Technique. Thursday 10-11.15pm (10wks) £7/6 conc. Further details from Lauren 07791339045 lauren@uknia.com

Spirit Level Yoga Relax, Restore, Revive. Hatha Yoga for beginners/ improvers. Monday 7.30-9pm. £7.50/£6.50 conc. ea. £40 for 6 weeks. Kate 07780114871 kate.hadley@gmail.com



Turning Pointe School of Dance

Ballet & Tap for ages 3 to adult. Wednesday 3.30-8.45pm. £60 for 11 weeks. Julia Canneaux 01825 840 568 juliacanneaux@hotmail.co.uk for details and times.



Yoga Class. Emphasis on breathing & adaptation to individual needs. Thursday 9.30-11.00. £26 for 4 weeks or £8 drop-in. Contact Sonja on 07986 099916 or sonja@yoga-portal.co.uk



Zumba Fitness Join the party for a the Latin inspired, easy to follow, calorie burning, dance fitness class. Monday 9.45-10.45am Contact Sarah 07956 529205, s.e.dexter@gmail.com



The All Saints Centre is available to hire for community, arts & youth activities.



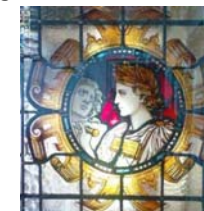
The former All Saints Church building was given to the Town of Lewes in 1980 to be run as a venue for community, arts & youth activities. It is managed by Lewes Town Council.

We currently accommodate a range of activities, from Theatre, Music & Dance, to Circus Skills, Cinema, Parent & Toddler Groups, Rehearsals, & Workshops.



The Main Hall

Auditorium includes a stage, sprung wooden floor & entrance foyer with coffee bar. Maximum capacity is 220 (130 with cabaret style seating). Floor space 12.2m x 10.7m.



The Small Hall

Studio with wooden floor, mirrors, original stained glass windows & access via a separate entrance. Floor space 6.5x6.2m. *New! Improved heating in the Small Hall*

The All Saints Centre cannot take responsibility for programme changes.

All events are the responsibility of the individual organisers.

The Centre is open over 7 days, but hours vary with the programme of events. Please call ahead to view.



All Saints Centre

Friars Walk, Lewes BN7 2LE

Telephone 01273 486391

Email asc.lewes@btconnect.com



Keep up-to-date with our programme of events & activities! Register to receive our monthly WHAT'S ON direct to your inbox! Send a request to asc.lewes@btconnect.com